VICTORIAN PURCHASING GUIDE

SIS SPORT, FITNESS AND RECREATION   
TRAINING PACKAGE RELEASE 6.0

JULY 2023

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VICTORIAN PURCHASING GUIDE – RELEASE HISTORY

Note: RTOs should refer to the [National Register](https://training.gov.au/Home/Tga) for the detail of changes in each Release.

| Training Package Release | Date VPG Approved | Comments |
| --- | --- | --- |
| Release 6.0 | 20 July 2023 | This Victorian Purchasing Guide reflects the changes made to SIS Sport, Fitness and Recreation Training Package Release 6.0. This release includes qualifications and units in Sport, Aquatics and Recreation. |
| SIS Sport, Fitness and Recreation  Training Package  Release No 5.0 | 1 April 2022 | This Victorian Purchasing Guide reflects the changes made to SIS Sport, Fitness and Recreation Training Package Release 5.0 and incorporates the minor Release 4.1  **SIS Release 5.0**  This release includes:   * Fitness qualifications and associated SISFFIT units * Outdoor Leadership and Sport qualifications   This VPG incorporates the deletion of 1 unit of competency, SISCAQU013 Coordinate lifeguard service at an aquatic facility, actioned in Release 4.1. |
| SIS Sport, Fitness and Recreation  Training Package  Release No 4.0 | 15 November 2019 | This Victorian Purchasing Guide reflects the changes made to the SIS Sport, Fitness and Recreation Release 4.0 (11th September 2019) for the Sport and Outdoor Recreation sectors. It includes:   * 1 new and 10 revised qualifications * 191 revised units * 31 new units |
| SIS Sport, Fitness and Recreation  Training Package  Release No 3.0 | 27 March 2018 | The Victorian Purchasing Guide reflects the changes made to the SIS Sport, Fitness and Recreation Release 3.0. It includes 15 units related to equine activities. |
| SIS Sport, Fitness and Recreation  Training Package  Release No 1.0 & 2.0 | 25 January 2016 | The Victorian Purchasing Guide reflects the changes made to the SIS Sport, Fitness and Recreation Release 1.0 and 2.0. It includes qualifications and units in the following industry sectors:   * Community Recreation * Cross Sector * Fitness * Sport and Recreation   Please note: this Victorian Purchasing Guide only contains information on components within the SIS Sport, Fitness and Recreation Training Package. For information on components from the SIS10 Sport, Fitness and Recreation Training Package, please refer to the SIS10 Victorian Purchasing Guide. |

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INTRODUCTION

What is a Victorian Purchasing Guide?

The Victorian Purchasing Guide provides information for use by Registered Training Organisations (RTOs) in the provision of Victorian government subsidised training.

Specifically, the Victorian Purchasing Guide provides the following information related to the delivery of nationally endorsed Training Packages in Victoria:

* The maximum and minimum payable hours available for each qualification.
* Nominal hours for each unit of competency within the Training Package.

Registration

RTOs must be registered by either the Victorian Registration and Qualifications Authority (VRQA) or the Australian Skills Qualification Authority (ASQA) regulatory body to be eligible to issue qualifications and Statements of Attainment under the Australian Qualifications Framework (AQF).

The VRQA is the regulatory authority in Victoria responsible for the registration of Vocational Education and Training (VET) providers who offer courses to domestic students in Victoria only.

ASQA is the regulatory authority responsible for the registration of VET providers who offer training in Victoria, nationally and / or internationally.

Transition

The relationship between new units and any superseded or replaced units from the previous version of Sport, Fitness and Recreation Training Package Release 6.0 is provided in the Training Package Companion Volume Implementation Guide. (See [VETnet.gov.au](https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=9fc2cf53-e570-4e9f-ad6a-b228ffdb6875) for more information).

Information regarding transition arrangements can be obtained from the state or national VET Regulatory Authority (see Contacts and Links section).

RTOs must ensure that all training and assessment leading to issuance of qualifications or Statements of Attainment from the Sport, Fitness and Recreation Training Package Release 6.0 is conducted against the Training Package units of competency and complies with the assessment requirements.

# QUALIFICATIONS

| Code | Title | Minimum Payable Hours | Maximum Payable Hours |
| --- | --- | --- | --- |
| SIS10122 | Certificate I in Sport and Recreation | 160 | 168 |
| SIS20122 | Certificate II in Sport and Recreation | 228 | 240 |
| SIS20221 | Certificate II in Sport - Developing Athlete | 264 | 278 |
| SIS20321 | Certificate II in Sport Coaching | 231 | 243 |
| SIS20419 | Certificate II in Outdoor Recreation | 276 | 290 |
| SIS30122 | Certificate III in Sport, Aquatics and Recreation | 375 | 395 |
| SIS30321 | Certificate III in Fitness | 651 | 685 |
| SIS30421 | Certificate III in Sport - Athlete | 323 | 340 |
| SIS30521 | Certificate III in Sport Coaching | 416 | 438 |
| SIS30619 | Certificate III in Outdoor Leadership | 829 | 873 |
| SIS40122 | Certificate IV in Sport, Aquatics and Recreation | 584 | 615 |
| SIS40221 | Certificate IV in Fitness | 955 | 1005 |
| SIS40321 | Certificate IV in Sport Coaching | 416 | 438 |
| SIS40421 | Certificate IV in Sport Development | 556 | 585 |
| SIS40621 | Certificate IV in Outdoor Leadership | 1031 | 1085 |
| SIS50122 | Diploma of Sport, Aquatics and Recreation Management | 808 | 850 |
| SIS50321 | Diploma of Sport | 722 | 760 |
| SIS50421 | Diploma of Outdoor Leadership | 1392 | 1465 |

# UNITS OF COMPETENCY AND NOMINAL HOURS

| Unit Code | Unit Title | Nominal Hours |
| --- | --- | --- |
| SISCAQU015 | Test pool water quality | 10 |
| SISCAQU016 | Manage pool water quality | 20 |
| SISCAQU017 | Monitor and maintain aquatic facility plant and equipment | 20 |
| SISCAQU018 | Operate self-contained breathing apparatus in aquatic facility emergencies | 20 |
| SISCAQU019 | Supervise patron safety in aquatic locations | 15 |
| SISCAQU020 | Perform water rescues | 10 |
| SISCAQU021 | Perform complex water rescues | 20 |
| SISCAQU022 | Provide oxygen resuscitation and therapy in an aquatic environment | 16 |
| SISCAQU023 | Plan swimming lessons | 15 |
| SISCAQU024 | Teach water familiarisation, buoyancy and mobility skills | 20 |
| SISCAQU025 | Teach water safety and survival skills | 20 |
| SISCAQU026 | Teach swimming strokes | 20 |
| SISCAQU027 | Promote development of infants and toddlers in an aquatic environment | 15 |
| SISCAQU028 | Assist participants with disability during aquatic activities | 10 |
| SISCAQU029 | Perform open water rescues | 20 |
| SISCAQU030 | Monitor and maintain inflatable aquatic equipment | 8 |
| SISFFIT032 | Complete pre-exercise screening and service orientation | 20 |
| SISFFIT033 | Complete client fitness assessments | 30 |
| SISFFIT034 | Assess client movement and provide exercise advice | 40 |
| SISFFIT035 | Plan group exercise sessions | 60 |
| SISFFIT036 | Instruct group exercise sessions | 80 |
| SISFFIT037 | Develop and instruct group movement programs for children | 80 |
| SISFFIT038 | Plan group water-based exercise sessions | 30 |
| SISFFIT039 | Instruct group water-based exercise sessions | 40 |
| SISFFIT040 | Develop and instruct gym-based exercise programs for individual clients | 50 |
| SISFFIT041 | Develop personalised exercise programs | 70 |
| SISFFIT042 | Instruct personalised exercise sessions | 70 |
| SISFFIT043 | Develop and instruct personalised exercise programs for body composition goals | 50 |
| SISFFIT044 | Develop and instruct personalised exercise programs for older clients | 75 |
| SISFFIT045 | Develop and instruct personalised exercise programs for adolescent clients | 90 |
| SISFFIT046 | Plan and instruct online exercise sessions | 60 |
| SISFFIT047 | Use anatomy and physiology knowledge to support safe and effective exercise | 100 |
| SISFFIT048 | Use anatomy and physiology knowledge to support safe and effective water-based exercise | 80 |
| SISFFIT049 | Use exercise science principles in fitness instruction | 60 |
| SISFFIT050 | Support exercise behaviour change | 55 |
| SISFFIT051 | Establish and maintain professional practice for fitness instruction | 60 |
| SISFFIT052 | Provide healthy eating information | 55 |
| SISFFIT053 | Support healthy eating for individual fitness clients | 70 |
| SISOABL001 | Lead adventure-based learning activities | 50 |
| SISOABL002 | Facilitate adventure-based learning activities | 50 |
| SISOABL003 | Design adventure-based learning programs | 60 |
| SISOABS001 | Abseil single pitches using fundamental skills | 20 |
| SISOABS002 | Abseil single pitches, artificial surfaces | 20 |
| SISOABS003 | Abseil single pitches, natural surfaces | 40 |
| SISOABS004 | Abseil multi pitches, natural surfaces | 40 |
| SISOABS005 | Establish ropes for single pitch abseiling on artificial surfaces | 25 |
| SISOABS006 | Establish ropes for single pitch abseiling on natural surfaces | 45 |
| SISOABS007 | Establish ropes for multi pitch abseiling on natural surfaces | 40 |
| SISOABS008 | Lead single pitch abseiling activities on artificial surfaces | 50 |
| SISOABS009 | Lead single pitch abseiling activities on natural surfaces | 50 |
| SISOABS010 | Lead multi pitch abseiling activities on natural surfaces | 50 |
| SISOARC001 | Lead archery sessions | 40 |
| SISOBWG001 | Bushwalk in tracked environments | 20 |
| SISOBWG002 | Bushwalk in difficult tracked environments | 50 |
| SISOBWG003 | Bushwalk in extremely difficult tracked and untracked environments | 70 |
| SISOBWG004 | Cross rivers during bushwalks | 20 |
| SISOBWG005 | Lead bushwalks in tracked environments | 50 |
| SISOBWG006 | Lead bushwalks in difficult tracked environments | 70 |
| SISOBWG007 | Lead bushwalks in extremely difficult tracked and untracked environments | 80 |
| SISOCAY001 | Traverse canyons | 40 |
| SISOCAY002 | Abseil in easy to intermediate canyons | 20 |
| SISOCAY003 | Abseil in intermediate to advanced canyons | 25 |
| SISOCAY004 | Establish ropes and belays for abseils in easy to intermediate canyons | 25 |
| SISOCAY005 | Establish ropes and belays for abseils in intermediate to advanced canyons | 25 |
| SISOCAY006 | Lead canyoning activities, easy to intermediate canyons | 50 |
| SISOCAY007 | Lead canyoning activities, intermediate to advanced canyons | 70 |
| SISOCHC001 | Lead challenge course sessions, low elements | 35 |
| SISOCHC002 | Set up and supervise challenge course sessions, low elements | 25 |
| SISOCHC003 | Lead challenge course sessions, high elements | 50 |
| SISOCHC004 | Set up and supervise challenge course sessions, high elements | 35 |
| SISOCHC005 | Manage challenge course | 80 |
| SISOCLM001 | Top rope climb single pitches, artificial surfaces | 20 |
| SISOCLM002 | Top rope climb single pitches, natural surfaces | 40 |
| SISOCLM003 | Lead climb single pitches, natural surfaces | 45 |
| SISOCLM004 | Lead climb multi pitches, natural surfaces | 40 |
| SISOCLM005 | Establish belays for single pitch climbing on artificial surfaces | 15 |
| SISOCLM006 | Establish belays for single pitch climbing on natural surfaces | 45 |
| SISOCLM007 | Establish belays for multi pitch climbing on natural surfaces | 30 |
| SISOCLM008 | Lead single pitch climbing activities on artificial surfaces, top rope climbing | 45 |
| SISOCLM009 | Lead single pitch climbing activities on natural surfaces, top rope climbing | 45 |
| SISOCLM010 | Lead single pitch climbing activities on natural surfaces, lead climbing | 70 |
| SISOCLM011 | Lead multi pitch climbing activities on natural surfaces, lead climbing | 80 |
| SISOCNE001 | Paddle a craft using fundamental skills | 40 |
| SISOCNE002 | Paddle a canoe on inland flatwater | 45 |
| SISOCNE003 | Paddle a canoe on moving water up to grade 1 rivers | 40 |
| SISOCNE004 | Paddle a canoe on grade 2 rivers | 50 |
| SISOCNE005 | Lead canoeing activities on inland flatwater | 60 |
| SISOCNE006 | Lead canoeing activities on moving water up to grade 1 rivers | 70 |
| SISOCNE007 | Lead canoeing activities on grade 2 rivers | 70 |
| SISOCVE001 | Traverse caves | 45 |
| SISOCVE002 | Descend and ascend ladders in caves | 15 |
| SISOCVE003 | Abseil single pitches in caves | 20 |
| SISOCVE004 | Descend and ascend single ropes in caves | 20 |
| SISOCVE005 | Establish ropes, ladders and belays for caving | 35 |
| SISOCVE006 | Lead caving activities | 70 |
| SISOCYT001 | Set up, maintain and repair bicycles | 20 |
| SISOCYT002 | Ride bicycles on roads and pathways, easy conditions | 20 |
| SISOCYT003 | Ride bicycles on roads, up to moderate terrain and heavy traffic | 20 |
| SISOCYT004 | Ride off road bicycles on easy trails | 20 |
| SISOCYT005 | Ride off road bicycles on intermediate trails | 40 |
| SISOCYT006 | Lead cycling activities on roads and pathways, easy conditions | 40 |
| SISOCYT007 | Lead cycling activities on roads, up to moderate terrain and heavy traffic | 50 |
| SISOCYT008 | Lead off road cycling activities on easy trails | 50 |
| SISOCYT009 | Lead off road cycling activities on intermediate trails | 70 |
| SISODRV001 | Drive AWD/4WD vehicles on unsealed roads | 25 |
| SISODRV002 | Lead four wheel driving activities | 80 |
| SISOEQU001 | Handle horses | 25 |
| SISOEQU002 | Ride horses using fundamental skills | 30 |
| SISOEQU003 | Ride horses on tracked trail rides | 25 |
| SISOEQU004 | Ride horses on untracked trail rides | 30 |
| SISOEQU005 | Guide horse trail rides in tracked areas | 50 |
| SISOEQU006 | Guide horse trail rides in untracked areas | 40 |
| SISOEQU007 | Instruct horse handling skills | 40 |
| SISOEQU008 | Instruct fundamental horse riding skills | 60 |
| SISOEQU009 | Instruct the advancement of recreational horse riding skills | 40 |
| SISOEQU010 | Identify hazards, assess and control safety risks for horse handling and riding activities | 30 |
| SISOEQU011 | Manage horse illness and injury in remote areas | 20 |
| SISOEQU012 | Assess horses for sport or recreational performance | 40 |
| SISOEQU013 | Condition horses for sport or recreational performance | 50 |
| SISOEQU014 | Determine nutritional requirements for sport or recreational horses | 40 |
| SISOEQU015 | Acquire and educate horses for sport or recreational programs | 80 |
| SISOFLD001 | Assist in conducting recreation sessions | 30 |
| SISOFLD002 | Minimise environmental impact | 15 |
| SISOFLD003 | Select, set up and operate a temporary or overnight site | 25 |
| SISOFLD004 | Provide first aid in remote locations | 45 |
| SISOFLD005 | Navigate waterway courses | 35 |
| SISOFLD006 | Navigate in tracked environments | 30 |
| SISOFLD007 | Navigate in difficult tracked environments | 40 |
| SISOFLD008 | Navigate in extremely difficult tracked and untracked environments | 50 |
| SISOFSH001 | Locate, attract and catch fish | 15 |
| SISOFSH002 | Select and catch bait | 20 |
| SISOFSH003 | Select and rig tackle outfits | 15 |
| SISOFSH004 | Lead fishing activities | 70 |
| SISOKYK001 | Paddle a kayak on inland flatwater | 45 |
| SISOKYK002 | Paddle a kayak on moving water up to grade 1 rivers | 40 |
| SISOKYK003 | Paddle a kayak on grade 2 rivers | 40 |
| SISOKYK004 | Paddle a kayak on grade 3 rivers | 50 |
| SISOKYK005 | Lead kayaking activities on inland flatwater | 60 |
| SISOKYK006 | Lead kayaking activities on moving water up to grade 1 rivers | 70 |
| SISOKYK007 | Lead kayaking activities on grade 2 rivers | 70 |
| SISOKYK008 | Lead kayaking activities on grade 3 rivers | 70 |
| SISOKYS001 | Paddle a sea kayak in enclosed waters | 30 |
| SISOKYS002 | Paddle a sea kayak in sheltered coastal waters | 30 |
| SISOKYS003 | Paddle a sea kayak in exposed coastal waters | 40 |
| SISOKYS004 | Lead sea kayaking activities in enclosed waters | 50 |
| SISOKYS005 | Lead sea kayaking activities in sheltered coastal waters | 70 |
| SISOKYS006 | Lead sea kayaking activities in exposed coastal waters | 70 |
| SISOPLN001 | Finalise operation of outdoor recreation activities | 40 |
| SISOPLN002 | Plan outdoor activity sessions | 50 |
| SISOPLN003 | Develop outdoor recreation programs | 60 |
| SISOPLN004 | Identify hazards, assess and control risks for outdoor recreation activities | 50 |
| SISOPLN005 | Interpret weather and environmental conditions for outdoor recreation activities | 45 |
| SISOPLN006 | Plan for minimal environmental impact | 35 |
| SISOPLN007 | Manage risk for outdoor programs | 65 |
| SISOPWC001 | Ride personal watercraft in smooth water conditions | 30 |
| SISOPWC002 | Ride personal watercraft in slight water conditions | 25 |
| SISOPWC003 | Lead personal water craft activities in smooth water conditions | 50 |
| SISOPWC004 | Lead personal water craft activities in slight water conditions | 50 |
| SISORAF001 | Guide a raft on grade 2 rivers | 60 |
| SISORAF002 | Guide a raft on grade 3 rivers | 80 |
| SISORAF003 | Guide a raft on grade 4 rivers | 80 |
| SISORAF004 | Lead rafting activities on grade 2 rivers | 80 |
| SISORAF005 | Lead rafting activities on grade 3 rivers | 80 |
| SISORAF006 | Lead rafting activities on grade 4 rivers | 90 |
| SISORSC001 | Conduct search and rescue | 35 |
| SISORSC002 | Perform vertical rescues | 40 |
| SISORSC003 | Perform complex vertical rescues | 50 |
| SISORSC004 | Self rescue in white water | 35 |
| SISORSC005 | Rescue others in white water | 35 |
| SISORSC006 | Lead and participate in complex white water rescues | 50 |
| SISORSC007 | Perform basic surf rescues | 25 |
| SISOSAI001 | Sail small boats in smooth water and light to moderate wind conditions | 30 |
| SISOSAI002 | Sail small boats in partially smooth water and moderate to fresh wind conditions | 30 |
| SISOSAI003 | Sail small boats in open coastal waters and moderate wind conditions | 35 |
| SISOSAI004 | Lead sailing activities in smooth water and light to moderate wind conditions | 60 |
| SISOSAI005 | Lead sailing activities in partially smooth water and moderate to fresh wind conditions | 60 |
| SISOSAI006 | Lead sailing activities in open coastal waters and moderate wind conditions | 70 |
| SISOSCB001 | SCUBA dive in open water to a maximum depth of 18 metres | 60 |
| SISOSCB002 | SCUBA dive from boats | 40 |
| SISOSCB003 | SCUBA dive at night | 40 |
| SISOSCB004 | Navigate prescribed routes underwater | 30 |
| SISOSCB005 | Complete underwater search and recovery dives | 45 |
| SISOSCB006 | Perform diver rescues | 50 |
| SISOSCB007 | Inspect and fill SCUBA cylinders | 15 |
| SISOSCB008 | SCUBA dive using Enriched Air Nitrox | 30 |
| SISOSCB009 | SCUBA dive to depths between 18 and 40 metres | 40 |
| SISOSCB010 | Lead SCUBA diving activities | 70 |
| SISOSCB011 | Lead specialised SCUBA diving activities | 70 |
| SISOSKT001 | Ski on easy cross country terrain | 50 |
| SISOSKT002 | Ski on intermediate cross country terrain | 80 |
| SISOSKT003 | Use snow craft skills for alpine touring | 40 |
| SISOSKT004 | Lead skiing activities on easy cross country terrain | 70 |
| SISOSKT005 | Lead skiing activities on intermediate cross country terrain | 80 |
| SISOSNK001 | Snorkel | 20 |
| SISOSNK002 | Lead snorkelling activities | 40 |
| SISOSRF001 | Surf small waves using basic manoeuvres | 20 |
| SISOSRF002 | Surf waves using intermediate manoeuvres | 20 |
| SISOSRF003 | Surf waves using advanced manoeuvres | 40 |
| SISOSRF004 | Lead surfing activities, small waves and basic manoeuvres | 40 |
| SISOSRF005 | Lead surfing activities, intermediate manoeuvres | 40 |
| SISOSRF006 | Lead surfing activities, advanced manoeuvres | 70 |
| SISOSUP001 | Paddle a stand up board on inland flatwater | 20 |
| SISOSUP002 | Paddle a stand up board in small waves | 20 |
| SISOSUP003 | Paddle a stand up board in sheltered coastal waters | 25 |
| SISOSUP004 | Lead stand up paddle boarding activities on inland flatwater | 40 |
| SISOSUP005 | Lead stand up paddle boarding activities on small waves | 40 |
| SISOSUP006 | Lead stand up paddle boarding activities in sheltered coastal waters | 50 |
| SISOWIN001 | Windsurf in smooth water and light wind conditions | 20 |
| SISOWIN002 | Lead windsurfing activities in smooth water and light wind conditions | 40 |
| SISSAFL001 | Participate in Australian Football at an intermediate level | 40 |
| SISSAFL002 | Participate in Australian Football at an advanced level | 40 |
| SISSATH001 | Conduct athletics coaching sessions with foundation level participants | 45 |
| SISSBSB001 | Conduct basketball coaching sessions with foundation level participants | 50 |
| SISSBSB002 | Coach basketball participants up to an intermediate level | 60 |
| SISSCKT001 | Participate in cricket at an intermediate level | 40 |
| SISSCKT002 | Participate in cricket at an advanced level | 40 |
| SISSEQS001 | Coach individual participants in the introduction of equestrian activities | 60 |
| SISSEQS002 | Coach unofficial local competition competitors in equestrian | 45 |
| SISSEQS003 | Coach official national competition participants in equestrian | 80 |
| SISSGLF001 | Coach advanced level golfers | 45 |
| SISSGLF002 | Participate in golf at an intermediate level | 40 |
| SISSGLF003 | Participate in golf at an advanced level | 40 |
| SISSGLF004 | Fit and alter golf equipment | 30 |
| SISSGLF005 | Manage the structure and facilitation of golf competitions and tournaments | 30 |
| SISSGLF006 | Participate in high performance golf tournaments | 30 |
| SISSGLF007 | Manage on-course golf operations | 30 |
| SISSNTB001 | Conduct netball coaching sessions with foundation level participants | 50 |
| SISSNTB002 | Participate in netball at an intermediate level | 40 |
| SISSPAR001 | Participate in sport at an intermediate level | 40 |
| SISSPAR002 | Participate in sport at an advanced level | 40 |
| SISSPAR003 | Follow specialist dietary advice | 20 |
| SISSPAR004 | Book athlete travel and accommodation | 20 |
| SISSPAR005 | Develop athlete personal brand | 25 |
| SISSPAR006 | Prepare and present athlete sponsorship proposals | 10 |
| SISSPAR007 | Work as an athlete | 50 |
| SISSPAR008 | Maintain personal wellbeing as an athlete | 15 |
| SISSPAR009 | Participate in conditioning for sport | 30 |
| SISSRGL001 | Conduct Rugby League coaching sessions with foundation level participants | 50 |
| SISSRGL002 | Participate in Rugby League at an intermediate level | 40 |
| SISSSCO001 | Conduct sport coaching sessions with foundation level participants | 50 |
| SISSSCO002 | Work in a community coaching role | 30 |
| SISSSCO003 | Meet participant coaching needs | 70 |
| SISSSCO004 | Plan, conduct and review coaching programs | 70 |
| SISSSCO005 | Continuously improve coaching skills and knowledge | 35 |
| SISSSCO006 | Implement sport selection policies and procedures | 20 |
| SISSSCO007 | Apply sport psychology principles | 35 |
| SISSSCO008 | Apply anti-doping policies | 25 |
| SISSSCO009 | Work collaboratively with others in a sport environment | 15 |
| SISSSCO010 | Implement sport talent identification programs | 20 |
| SISSSCO011 | Manage integrity in sport | 70 |
| SISSSCO012 | Coach sport participants up to an intermediate level | 60 |
| SISSSCO013 | Coach sport participants up to an advanced level | 45 |
| SISSSCO014 | Develop sport coaches | 45 |
| SISSSCO015 | Prepare participants for sport competition | 35 |
| SISSSCO016 | Coach participants in sport competition | 40 |
| SISSSOF001 | Work as an official in sport | 40 |
| SISSSOF002 | Continuously improve officiating skills and knowledge | 20 |
| SISSSOF003 | Officiate sport competitions | 50 |
| SISSSPT001 | Implement sport injury prevention and management strategies | 60 |
| SISSSQU001 | Conduct squash coaching sessions with foundation level participants | 50 |
| SISSSUR001 | Conduct surf life saving coaching sessions with foundation level participants | 25 |
| SISSSWM001 | Coach swimmers up to a competitive level | 60 |
| SISSSWM002 | Coach swimmers up to a high performance level | 45 |
| SISSSWM003 | Coach swimmers up to an elite level | 80 |
| SISSTNS001 | Coach junior players in tennis | 60 |
| SISSTNS002 | Coach intermediate players in tennis | 45 |
| SISSTOU001 | Participate in Touch at an intermediate level | 40 |
| SISSTPB001 | Conduct tenpin bowling coaching sessions with foundation level participants | 50 |
| SISSVOL001 | Coach volleyball participants up to an intermediate level | 60 |
| SISXCAI008 | Plan, conduct and review training and recovery programs | 75 |
| SISXCAI009 | Instruct strength and conditioning techniques | 60 |
| SISXCAI010 | Develop strength and conditioning programs | 30 |
| SISXCAI011 | Develop and deliver long-term training programs | 60 |
| SISXCCS004 | Provide quality service | 25 |
| SISXCCS005 | Monitor and evaluate customer service | 40 |
| SISXEMR003 | Respond to emergency situations | 20 |
| SISXEMR004 | Coordinate emergency responses | 20 |
| SISXFAC006 | Maintain activity equipment | 5 |
| SISXFAC007 | Maintain clean facilities | 16 |
| SISXFAC008 | Monitor and maintain facility plant and equipment | 7 |
| SISXFAC009 | Coordinate facility maintenance | 20 |
| SISXFAC010 | Develop maintenance and equipment acquisition plans | 40 |
| SISXFAC011 | Manage stock supply and purchase | 20 |
| SISXFAC012 | Promote safe and effective use of facilities | 25 |
| SISXFAM001 | Organise and supervise participant travel | 15 |
| SISXFAM002 | Process financial transactions | 15 |
| SISXFAM003 | Develop and review budgets for activities or projects | 20 |
| SISXFAM004 | Analyse participation patterns | 20 |
| SISXFAM005 | Develop and implement participation strategies | 40 |
| SISXFAM006 | Coordinate sport, fitness or recreation events | 60 |
| SISXIND003 | Maintain legal knowledge for organisation governance | 80 |
| SISXIND008 | Manage legal compliance in sport and recreation | 40 |
| SISXIND009 | Respond to interpersonal conflict | 20 |
| SISXIND010 | Protect children and young people | 40 |
| SISXIND011 | Maintain sport, fitness and recreation industry knowledge | 50 |
| SISXIND012 | Select and use technology for sport, fitness and recreation work | 45 |
| SISXMGT002 | Develop and maintain stakeholder relationships | 20 |
| SISXMGT003 | Recruit, induct and manage volunteers | 35 |
| SISXMGT004 | Coordinate work teams | 50 |
| SISXMGT005 | Facilitate community recreation initiatives | 60 |
| SISXPLD001 | Provide hire equipment for activities | 10 |
| SISXPLD002 | Deliver recreation sessions | 60 |
| SISXPLD003 | Plan recreation programs | 50 |
| SISXPLD004 | Facilitate groups | 25 |
| SISXPLD005 | Facilitate inclusion for people with disability | 30 |
| SISXPLD006 | Identify hazards, assess and control risks for sport, fitness and recreation activities | 50 |
| SISXPLD007 | Schedule sport, fitness, aquatic and recreation activities | 50 |
| SISXRES001 | Conduct sustainable work practices in open spaces | 60 |

# CONTACTS AND LINKS

Curriculum Maintenance Manager (CMM) Service

Human Services

The CMM Service is provided on behalf of Higher Education and Skills.

CMM Service Executive Officers can assist with questions on payable and nominal hours.

Autumn Shea

Swinburne University of Technology Institute

PO Box 218,

Hawthorn VIC 3122

(03) 9214 8501/5034

[cmmhs@swin.edu.au](mailto:cmmhs@swin.edu.au)

Jobs and Skills Council (JSC) – HumanAbility

As part of the National Industry Engagement Reforms, new Jobs and Skills Councils (JSCs) are being established.  HumanAbility is the JSC responsible for developing the SIS Sport, Fitness and Recreation Training Package. For more information see [Industry Engagement Reforms - Department of Employment and Workplace Relations, Australian Government (dewr.gov.au)](https://www.dewr.gov.au/skills-reform/skills-reform-overview/industry-engagement-reforms)

National Register of VET in Australia - Training.gov.au (TGA)

TGA is the Australian government’s official National Register of information on Training Packages, qualifications, courses, units of competency and RTOs. See [training.gov.au](http://training.gov.au/) for more information.

Australian Government - Department of Employment and Workplace Relations (DEWR)

The Commonwealth Department is responsible for national policies and programmes that help Australians access quality vocational education and training. See [Skills and Training - DEWR](https://www.dese.gov.au/skills-and-training) for more information.

State Government - Department of Jobs, Skills, Industry and Regions (DJSIR)

DJSIR is the State Training Authority responsible for supporting implementation of Vocational Education and Training (VET) in Victoria. See [djsir.vic.gov.au](https://djsir.vic.gov.au/) for more information. (03) 9637 2000

National VET Regulatory Authority - Australian Skills Quality Authority (ASQA)

ASQA is the national regulator for Australia’s VET sector. Info line: 1300 701 801 See [asqa.gov.au](http://www.asqa.gov.au/) for more information.

State VET Regulatory Authority - Victorian Registration and Qualifications Authority (VRQA)

The VRQA is a statutory authority responsible for the registration and regulation of Victorian RTOs and for the regulation of apprenticeships and traineeships in Victoria. (03) 9637 2806 See [vrqa.vic.gov.au](http://www.vrqa.vic.gov.au/)

# INDUSTRY REGULATORY BODIES

Aquatic facilities in Victoria

Public aquatic facilities are regulated under the [Public Health and Wellbeing Act 2008 and the Public Health and Wellbeing Regulations 2019](https://www.health.vic.gov.au/legislation/public-health-and-wellbeing-act-2008). The regulations outline registration requirements, general duties of aquatic facility operators, the minimum water quality requirements for aquatic facilities, response procedures for non-compliant water quality, requirements for aquatic facilities suspected or implicated as a source of infection and record-keeping.

See [Aquatic facilities in Victoria | health.vic.gov.au](https://www.health.vic.gov.au/water/aquatic-facilities) for further information.

Australian Resuscitation Council (ARC)

Training providers must ensure they implement their first aid training programs in line with relevant Australian Resuscitation Council (ARC) guidelines for education and training.

See [resus.org.au](https://resus.org.au/) for further information.

WorkSafe Victoria

The industry Regulatory body can provide advice on licensing, legislative or regulatory requirements which may impact on the delivery of training or the issuance of qualifications in this Training Package.

WorkSafe needs to provide written verification before high risk work units can be added to an RTO’s scope of registration. [info@worksafe.vic.gov.au](mailto:info@worksafe.vic.gov.auS) See [worksafe.vic.gov.au](http://www.worksafe.vic.gov.au/) for further information.

222 Exhibition Street,

Melbourne 3000

(03) 9641 1444 or

1800 136 089 (toll free)

# GLOSSARY

**Code** Nationally endorsed Training Package qualification code.

**Title** Nationally endorsed Training Package qualification title.

**Unit Code** Nationally endorsed Training Package unit code.

**Unit Title** Nationally endorsed Training Package unit title.

**Maximum Payable Hours** The maximum number of hours the Victorian Government will subsidise under Skills First funding for the achievement of the minimum realistic vocational outcome of the qualification, as determined by the qualification packaging rules. The Maximum Payable Hours do not cover every possible combination of core and elective units available for a specific qualification.

Minimum payable hours reflect a calculated minimum number of hours that could deliver a minimum realistic vocational outcome, based on efficiencies of contextualisation and integration.

**Scope of Registration** Scope of registration specifies the AQF qualifications and/or units of competency the training organisation is registered to issue and the industry training and/or assessment services it is registered to provide.

**Nominal Hours** Nominal hours reflect the anticipated time taken to deliver and assess the outcomes of a unit of competency excluding unsupervised delivery or the time taken for repeated practical application of skills. Nominal hours are determined by the Victorian State Training Authority (DJSIR) and are primarily developed for funding purposes in Victoria.