

1800 RESPECT

24/7 information counselling and support

1800 737 732

Lifeline

24-hour crisis support

13 11 14

Rainbow Door

Monday to Sunday 10am to 5pm specialist helpline for all LGBTIQ+

1800 729 367 Text 0408 017 246

Centre Against Sexual Assault

business hours counselling and support line

9635 3610

Victorian Sexual Assault Crisis Line

after hours counselling and support line

9349 1766

Free call: 1800 806 292

